



CORAL SHORES HIGH SCHOOL

Girls' Cross Country Schedule – Fall 2023

Date	Time	Race	Location
Friday, September 1	5:00pm	Key West Meet	Big Pine Park
Tuesday, September 5	2:35pm	Lightning Invite	Ives Estates Park
Friday, September 8	5:00pm	FNU Invitational	Larry & Penny Park
Tuesday, September 19	2:35pm	Lightning Invite 2	Ives Estates Park
Thursday, October 5	3:30pm	Larry Wooten	Larry & Penny Park
Wednesday, October 11	4:00pm	Marathon	Sombrero Beach
Tuesday, October 24	3:30pm	Coral Shores Race	Pennekamp Park
Thursday, October 26	3:45pm	Orange Bowl	Larry & Penny Park
Wednesday, November 1	5:00pm	Districts	Larry & Penny Park
Thursday, November 9	8:00am	Regionals	Boca Raton

Head Coach: Lyndie Myers

- 11/3/23 update

Principal: Laura Lietaert

Assistant Principal: Jacob Poelma

Assistant Principal: Debra Ward

Athletic Director: Ed Holly

Athletic Trainer: Gabe Campa

Athletic Business Mgr: Jennifer Martin

Nickname: Hurricanes

Colors: Green & Gold

